

BERNER BUDDIES



It's that time again... **October 2nd** is the CIBC Run for the Cure.

Several members of the BMDCO and other friends (with or without their Berners, or Berner "wanabe's") will be participating in the Run under the team name "Berner Buddies". We'll be walking at the Durham location, but you can run/walk at any of the many run sites. There is both a 5K and a 1K route.

Participants need to gather a minimum of \$150 in paid pledges **or** pay a \$40 registration fee), which also gets you a CIBC Run for the Cure t-shirt.

Even if you can't participate, you can still pledge a team member:

http://www.runforthecure.com/site/TR/RunfortheCure2012/Ontario?team_id=16783&pg=team&fr_id=1274

Contact team captain, Deb Webster at bernafide@gmail.com or call 416-431-4991 for more information.

Let's beat breast cancer!

CIBC Run  **for the Cure**
CANADIAN BREAST CANCER FOUNDATION

<https://www.cibcrunforthecure.com>